



**SETHU**

*Child Development and  
Family Guidance*

## **Annual Report 2017-18**

*Every child is a seed and our chance  
to grow a better world*



## SETHU'S MISSION



Sethu is a bridge between children and their families, schools and communities to



foster their complete development through assessments,



therapy, educational initiatives, training, awareness and capacity building.



## ABOUT SETHU

Based in Goa, India, Sethu is a charitable trust that was established in 2005. It believes that with acceptance and nurturing, all children can grow and develop to their maximum potential. Children are the seeds of a wholesome, healthy and happy society and it behoves each of us to do everything we can to ensure that their unique magnificence comes to fruition.

Sethu is 100% 'organic' - we have grown naturally, in response to the needs of the children who have sought our services. Joy, hope and bundles of energy are delivered at Sethu's doorstep every day! Children come to us in hundreds and bring along their families, teachers, communities. Thus, Sethu is placed in a vantage position to be an agent of transformational change and cultivate a better world.

We invite you to read through Sethu's Annual Report 2017-18 and see how we've grown and helped others flourish too.

# Sethu's Child Development Centre (CDC)

A quiet working day is a rarity at the Sethu Centre for Child Development and Family Guidance, a lively hub of activity. Children from all over Goa and the neighbouring states are referred for assessment and therapy to the multi-disciplinary team. At present, the centre functions in just over 200 sq. m of space, where around 20 staff members plus an average of 40 children and their families who visit Sethu every day, share delight and determination. The lack of legroom has not stopped us from accommodating the 1151 children and families who reached out to us in 2017-18, with a range of concerns.

## Statistics of Clinical Services (clients)

Total children and families seen	<b>1151</b>
First time registrations	<b>701</b>
Follow-up cases	<b>450</b>

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Children and young people	<b>1130</b>
Families	<b>21</b>

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0 - 2 yrs (197)	<b>17.4%</b>
3 - 5 yrs (291)	<b>25.8%</b>
6 - 10 yrs (385)	<b>34.1%</b>
11 - 19 yrs (248)	<b>21.9%</b>
19+ yrs (9)	<b>0.8%</b>

## Diagnoses

Autism Spectrum Disorder (ASD) (305)	<b>27%</b>
Attention Deficit Hyperactivity Disorder (ADHD) (160)	<b>14.2%</b>
Specific Learning Disability (SLD) (226)	<b>20%</b>
Genetic Conditions (54)	<b>4.8%</b>
Intellectual Disability (ID) (39)	<b>3.5%</b>

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## Gender

<b>803</b>	<b>327</b>
Male	Female

Our steadfast donors CMM Logistics Pvt. Ltd., Charities Aid Foundation America, Goa Sudharop, Stephen da Silva and Betts India Pvt. Ltd. all help boost the growth of our CDC programme.

## Racing with Rohit

The Kamat (name changed) family was desperate for an early appointment. Their son Rohit was about to be expelled from preschool! After a detailed assessment he was diagnosed to have ADHD. The parents were given a behaviour management plan. During a school visit, simple but effective strategies like decreasing Rohit's writing load and giving him short breaks during class work were discussed. However, even after a 6 weeks trial, Rohit's impulsive behaviour caused him to injure one of his classmates with a pencil. In consultation with the developmental pediatrician at Sethu, his parents started him on ADHD medication. The change in his behaviour was rather dramatic. He could focus better and remember what he was told. His parents attended our Sethu workshop, 'From Disorder to Order'. Here we discussed executive functions and how these are affected in ADHD. Rohit learned more about how his brain is like a 'racing car' and what can be done to make the 'brakes' stronger. Today he is excelling in Std 1. Every day before doing homework, Rohit remembers to do a special exercise - he calls it the 'Dopamine Dance'!

*"I love football because when the ball hits me, my bones get harder".*

Samuel, 12 year old boy with ADHD

Regular therapy and follow up are critical for developmental progress. Unfortunately, life's daily challenges - long distances, busy schedules, a paucity of income, family conflict - come in the way of regular follow-up. These are some reasons shared by families who had dropped out of treatment at Sethu. Though home intervention would be ideal, shortage of staff and funds precludes this at present. However, we have started taking corrective action. With more team members doing first time assessments, our waiting list for appointments for new registrations has shortened. If families miss appointments, a follow-up phone call is made within a week. Phone calls, text messages and email help families and therapists stay in touch. Written therapy programs remind families what they have to do. Sethu has planned to train a cadre of child development workers who can provide basic assessment, therapy and support closer to people's homes. With clients coming from every nook and corner of Goa, this will be a challenge in terms of finding the human and fiscal resources, but as always, Sethu is confident that the generosity of people in our community and the corporate world will bridge this gap.

## From Disorder to Order project

The number of children with ADHD referred to Sethu has been steadily increasing. A pattern of 'crisis intervention' is often seen, where families seek help only when the child is in serious trouble. ADHD is a treatable condition that affects a child's behaviour, learning, self-esteem and relationships. In April 2017, the Sethu team initiated a comprehensive programme using a strengths-based and family-centred approach to address the challenges of ADHD. This year we have treated 160 children with ADHD from across Goa. Our activities include developing treatment protocols and training parents, teachers and other professionals. Group training programmes for parents and children have created a community of families who can be advocates for their children. Sethu is very grateful to Pentair Water India Pvt. Ltd, Guala Closures Pvt. Ltd., Mr Muralidharan and Indu Rao for contributing towards this project.

### IAP Fellowship in Developmental and Behavioural Pediatrics 2017-18

Sethu was one of nine institutions in India to be accredited by the Indian Academy of Pediatrics to run the one-year Fellowship in Developmental Pediatrics. Dr Aparna Wadkar, from the Pediatric Neuro-rehabilitation Centre at Goa Medical College was deputed by the Govt. of Goa to attend this training. With a passion for her subject, Dr Aparna was the perfect choice to kick-start this important training course at Sethu and she went for gold!

Sethu also offers one-year Institutional Fellowships in Speech and Language Therapy - Mallika Lewis is our first candidate who has excelled in many ways.

### STOP PRESS GOLD MEDAL WINNER!



Aparna, Sethu's first IAP Fellow in Developmental Pediatrics, talks to parents of preterm babies at Goa Medical College

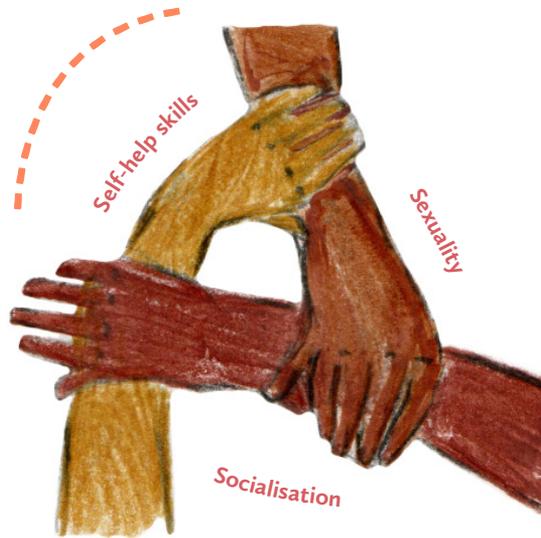
"The IAP Fellowship broadened my understanding of child development and behaviour and helped me to use a family-centred approach. I learned to connect with adolescents, an age group I was not comfortable with due to minimal exposure in my post-graduate days. Sethu centre is a true multidisciplinary centre and scaffolds every child towards successful adaptation in society by building a team around the child. I am definitely going back to Goa Medical College armed with heaps of knowledge and experience."

## Working with Families

Sethu can do its work mostly because children have families. Thanks to these many loving hearts and hands, we learn more about children and together find ways to make a change for the better. During 2017 - 18 we conducted a multitude of training programmes for parents, including Asha and Arambh (for families of children with autism) and workshops on discipline, ADHD, childhood sexuality, adolescence and communication.

Caring for children with behaviour difficulties and developmental challenges is not easy. The families often come to us feeling desperate, hopeless and alone. Our first action is to look for strengths. Our first recommendation is usually to ask the parents to look after themselves and do something to 'recharge the batteries' every day.

Children with disabilities are much more likely to be sexually abused. Myths like the 'innocence' and 'immaturity' of children with disabilities lead families to neglect the importance of sexuality education for this population. At Sethu we emphasise that self-help skills, socialisation and sexual development are closely interlinked and are essential for independence and safety. During this year, Sethu conducted four workshops for parents on childhood sexuality, including two in the area of special needs.



A parent talks about her personal journey through parenting her child with ADHD

## Working with Schools

Sethu's commitment to inclusive education stays strong. Tarang – Transforming Schools, a two-year project to promote inclusive education in preschools of Goa, was initiated in July 2017.

Everyone's talking about inclusion but ground realities such as crowded classrooms, unprepared teachers and academic pressures often make it difficult to practice. For over a decade, Sethu has been striving to bring schools on board the 'Inclusion Express'. We have realised that it can work only through close partnerships. We contacted 50 pre-schools that had referred young children to us. 23 schools attended an orientation meeting on inclusion in August 2017. We planned two training programmes targeted at Heads and teachers - a 2-day intensive workshop for Principals and coordinators called 'Educational Leadership for Inclusion' and an 8-month 'Certificate course in Inclusive Education' for preschool staff. 10 Heads/coordinators along with 24 teachers from 11 preschools registered and completed these training modules.

### Sethu's partner schools are:

Holy Cross Pre-school, Bastora | Nisha's Play School, Alto Torda | Chubby Cheeks, Porvorim | Kids Camp, Porvorim | Sunshine Worldwide School, Old Goa | Mushtifund Preschool, Panaji | Dempo Kids, Panaji | Nirmala Kindergarten, Panaji | Manovikas, Margao | Bambi Kindergarten, Margao | Dayanand Preschool, Chorao

Schools performed a self-audit of their inclusive philosophy, policies and practices and planned a road-map for inclusion for the next 3 years. Orientation lectures on inclusion were also conducted for 15 other pre-schools which had admitted children with special needs.

The Tarang Transforming Schools project is ready to move into the next phase of capacity building and mentorship for 2018 – 2019, where we will journey together with 8 schools on the inclusion road.



Heads of schools prepare the road-map for their journey of inclusion

## Mirror-cles happen!

Hari (name changed) studies in Senior KG and is learning to write the alphabet. His teacher noticed that he often makes mirror image mistakes (e.g. writing 'b' for 'd') whilst writing. At a Tarang training, she learnt about the 'Handwriting without Tears' programme and how to use the 'Wet-Dry-Try' method. Wielding wooden cutouts, a sponge and his slate, Hari now remembers that he has to start at the star. He enjoys practising the letters and loves to write the names of his friends.

## Gnyandeep

The Gnyandeep programme aims to create supportive learning environments in Government-run preschools (anganwadis). This year, the training focused on empowering the anganwadi helpers who besides cooking the delicious breakfast, often take on teaching roles. The training facilitated their understanding of child development and behaviour, multiple intelligences and common disabilities. The Sethu team has also been working with the anganwadi teachers to help them identify their strengths and supports, analyse the challenges they face and reflect on how they can find solutions to these problems.

"The Sethu training is the best that I have attended. I have learnt so much about how to look after my balwadi children."

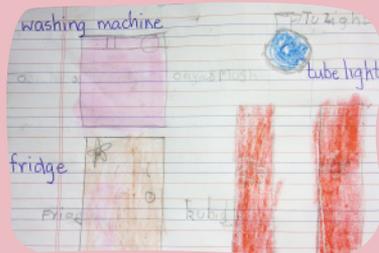


A preschool helper teaches about size



Children teach each other at the balwadi

The Cipla Foundation provides financial as well as moral support and strategic guidance to the Gnyandeep project.



## English is Fun!

'Things I see at Home'  
Emergent literacy at the Govt Primary School, Paithona



## Research

In December 2017, Sethu team members presented their research at the 2<sup>nd</sup> International Developmental Pediatrics Association Congress (IDPAC), organised by Ummeed in Mumbai.

Thanks to the Sultan Trust and Neelima Bajaj Swamy for funding the IDPAC conference registration and travel costs.



Team Sethu goes to IDPAC 2017

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### Poster Presentations

**Shenessa Barreto:** Understanding Learning Difficulties - The Value Of Curriculum-Based Assessments

**Mahera Kantawalla:** What Do Parents Want? Understanding Needs Of Families To Develop An Effective Parent Training Programme For Children With Autism

**Andre Velho:** Social Skills Intervention In Autism and ADHD: Can The 'PEERS' Programme Help Teenagers In Goa?

**Anjali Barretto:** An Approach To Strengthening Inclusive Education In Government-Run Preschools (Balwadis) In India

**Silvia Mascarenhas:** How To Develop and Institutionalise A Child Protection Policy In A Child Development Service

**Aileen D'Souza:** Parent Group Programmes In The Management Of Attention Deficit Hyperactivity Disorder

**Nandita de Souza:** Parents As Partners: Engaging Families To Be An Important Resource In Disability Support And Training

**Aparna Shirodkar:** Clinico-Etiological Profile Of Cerebral Palsy Patients With Comparison Of Term and Pre-Term Babies (case series from Goa Medical College)

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### Oral Paper Presentations

**Shenessa Barreto:** The Diagnosis Of Specific Learning Disability - What Difference Does It Make? A Study Of Life Outcomes, 10 Years Later

**Nandita de Souza:** Survey Of Standards Of Care Through Self Evaluation By Anganwadi Teachers In Goa, India

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**Pre-Conference Workshop** on Sexuality, Safety and Children with Special Needs: Dr Nandita de Souza, together with Dr Alice Newton, the Director of the Child Protection Programme at Massachusetts General Hospital in the USA co-conducted this important training. Attended by over 30 people from multiple disciplines, the workshop focused on sexuality education for children with disabilities as well as prevention and treatment of sexual abuse in this population which is at high risk and requires protection.

## Build Our Bridge campaign

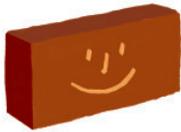
In December 2016, Sethu planted the seed of the fundraising campaign in aid of a permanent home for Sethu. We had exactly INR 18,64,472 in our kitty. At the end of the financial year 2017-18, we ecstatically announce that we have raised a whopping INR 1,54,12,245 thanks to the generosity of hundreds of people who have stepped forward and laid their bricks down to build 'Sethuland'. Our total need is for INR 5 crores (this is how that figure looks - 500,000,00!). INR 10,000 will buy a 'brick' to build this dream home - all we need is 5000 bricks. We now have enough money to buy a suitable plot of land and are waiting for the paperwork to be completed.



**STOP PRESS  
WE HAVE LANDED!**



Sethu has just purchased land in North Goa to build a permanent home for its work.



= INR 10,000/-

Just 5000 bricks will build a home for Sethu.

Sethu offers multiple ways to donate:

- 1) Indian citizens can donate online through the Sethu website, by bank transfer (details of account number can be shared on request) or by cheque. Sethu has 80G certification for a tax deduction
- 2) US citizens can donate via Arpan Foundation or Charities Aid Foundation America and obtain a tax benefit

3) Canadian citizens can donate via Maharashtra Seva Samiti Organisation (MSSO) and obtain a tax benefit

4) Citizens from all other countries can donate via our website or by bank transfer.

Potential donors can write to Helene Menezes ([helene.menezes@sethu.in](mailto:helene.menezes@sethu.in)) for further details.

Your donations are like the sunlight that brightens our world.



Strategic planning meeting with some of Sethu's guardian angels for the Build Our Bridge campaign

## Fundraising Events

There is strength in numbers and Sethu's forceful fundraising flight has proved this. We are eternally grateful to so many people from across the world who climbed on board and took to the skies on our behalf. Here are some glimpses of the various events and actions...

Najwa sings for Sethu at Cantare, Goa



A Zumbathon in Geneva on behalf of Sethu

"It's always been a pleasure associating with you and the works you do. Once I am convinced that something is being done with great conviction and integrity, I do get inspired to assist in whatever way I can".

Alinto Coelho,  
pillar of Sethu

## Cheer for Children

During 2017-18, INR 1,55,550/- was spent on child sponsorship.

When many heads and hands come together, every problem can be solved. Akash's parents did not believe this at first. Parenting their 9 year-old son with autism was an insurmountable burden. Weighing in at 50 kgs, Akash was stronger than both of them. Not getting what he wanted triggered a meltdown. His parents were desperate. They approached Sethu and thanks to a most generous sponsor, Akash's multidisciplinary therapy fees for the next 5 years were taken care of. For the first time, his parents felt like they had a real family. The therapists worked on Akash's communication and sensory needs and today he can tell people what he wants by using an Alternative Augmentative Communication device. He attends a special school during the day and travels by bus. Akash loves music and after he has complied with the therapist's instructions, he grooves to Bollywood beats.

**Sethu has been approved by CAF India for Cisco's Employee Payroll Giving. Cisco staff in India, please do contact Sethu to make a difference.**

## Helping Those Who Helped Me

Aditya Sundaram

Before Sethu, I was confused  
A bit depressed, not easily amused

I thought I was different  
and to prove it I try,  
at Sethu I found the reason and why,  
I had the syndrome Asperger  
if the world was all Apple  
I am a Linux computer  
It isn't that we're sick  
We just prefer logic  
We're not above or below the normal  
We're still living and mortal,  
It's like having cats live amongst dogs  
We don't bark or live in packs  
we just have our own ways  
to live, love and relax.

Aditya Sundaram wrote a poem and sent it to his parents' friends.

He single-handedly raised INR 1,00,000 through his efforts! Do feel free to join hands with these fabulous friends!

Now I'm more social and better,  
Though I still love mind over matter,  
It took a while to get to this stage  
It took a while to control my rage  
Thanks to Sethu it's all in the past  
It is up to me to make this last

So for all those reading, please,  
Would you kindly donate ten thousand rupees  
To make Sethu a permanent home  
Where more children can roam?



Aditya's passion is building Lego models and the 'Sethu Bridge'



# Income and Expenditure



SETHU, 35 DEFENCE COLONY, ALTO PORVORIM BARDEZ - GOA

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2018

EXPENDITURE	AMOUNT		INCOME	AMOUNT	
	31/03/2018	31/03/2017		31/03/2018	31/03/2017
" Administrative Cost (I & FC):-			By Donations	1447160.00	994970.00
" Professional fees	889067.00	660800.00	" CF Grant received	225853.00	150000.00
" Travelling Expenses	1932.00	1065.00	" Workshop receipts	444900.00	767614.00
" Postage and Courier	3735.00	-	" SB Interest	94171.00	45217.00
" Printing & Stationery	25000.00	16875.00	" Cheer for children	36000.00	100500.00
" Electricity & Water	21922.00	29018.00	" Administrative receipts	13043.00	25042.00
" Audit Fees	23600.00	22425.00	" Other Income	-	680.00
" Commission on Online Donat	12166.33	9949.58	" Dividend	1519512.42	310455.78
" Bank Charges	1019.40	2228.63	" Interest on FDR	606190.00	382897.50
" Miscellaneous expenses	-	501.47	" Patient receipts	2177300.00	1736250.00
" Licenses/Fees/Taxes	11801.00	4300.00	" Fellowship fees	92500.00	-
" Newspaper & Periodicals	2225.00	2405.00			
" Office expenses	71944.00	63316.00	FCRA Account:-		
" Rent paid	141304.00	300040.00	" Donation Received	2116130.88	364250.00
" Telephone/ Internet	39023.00	51269.00	" Cheer for children	-	81218.90
" Repair & Maintenance	30459.00	20375.00	" Workshop receipts	12470.06	919779.00
" Programme Expenses:			" Interest on FD	302729.00	6108.32
" Workshop Expenses	107538.00	194322.00			
" Training of professionals	315031.00	30040.00			
" Event & Fund Raising Expense	21234.00	-			
" CF Grant Expenses	161831.00	227482.00			
" Printing & stationery	28356.00	55671.00			
" Professional fees	2176160.00	2407015.00			
" Renewal of Fracto	14146.00	11489.00			
" Sponsorship	155550.00	117700.00			
" Consultancy paid	10924.00	-			
" Programme Expenses (FC):-	1313910.80	151180.00			
(As per Schedule)					
" Depreciation :-	101693.00	87533.00			
(As per the statement attached)					
" Excess of Income Over Expenditure	3406387.83	1417982.82			
Total Rs.	9087959.36	5884982.50	Total Rs.	9087959.36	5884982.50

As per my report of even date attached

Peter Pinto  
(Managing Trustee)

Ollaladeu  
(Olga Maladen)  
Trustee



Place :- Panaji - Goa

Date :- 27.06.2018

For Prashant Jain & Co.  
Chartered Accountants (FRN140829W)

CA Prashant Kumar Jain  
M.N. 133883



# Receipts and Payments



SETHU, 35 DEFENCE COLONY, ALTO PORVORIM BARDEZ - GOA

RECEIPTS AND PAYMENT ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2018

	AMOUNT		PAYMENTS	AMOUNT	
RECEIPTS	31/03/2018	31/03/2017		31/03/2018	31/03/2017
To Opening Balances : -			By Administrative Cost (I & FC):-		
F/D HDFC Bank	5661000.00	5661000.00	Professional fees	889067.00	660800.00
HDFC Bank A/C No. 00219	3528167.17	727510.41	Travelling Expenses	1932.00	1065.00
State Bank of India (FCRA)	4165864.57	301559.31	Postage and Courier	3735.00	0.00
Cash in hand (FCRA)	101.00	-	Printing & Stationery	25000.00	16875.00
Cash in hand	37743.00	84522.00	Electricity & Water	21922.00	29018.00
Nirmaya deposit	1800.00	-	Audit Fees	23600.00	22425.00
			Commission on Online Donation	12166.33	9949.58
			Bank Charges	1019.40	2228.63
			Miscellaneous expenses	-	501.67
Building fund	3592760.00	2461135.00	Licenses/Fees/Taxes	11801.00	4300.00
Donations	1447160.00	994970.00	Newspaper & Periodicals	2225.00	2405.00
Corpus Donation	115000.00	-	Office expenses	71944.00	63316.00
Loan From Almitra Patel	4000000.00	-	Rent paid	141304.00	311040.00
Mutual Fund redemption	4400000.00	-	Telephone/ Internet	39023.00	51269.00
CF Grant received	225853.00	150000.00	Repair & Maintenance	30459.00	20375.00
Workshop receipts	444900.00	767614.00	Rent Deposit	94478.00	87480.00
SB Interest	94171.00	45217.00	TDS on Bank Interest	17693.40	-
Cheer for children	36000.00	100500.00	TDS payable (Last year)	28058.00	-
Administrative receipts	13043.00	25042.00			
Other Income	-	680.00			
Dividend	1519512.42	310455.78	Programme Expenses:-		
Interest on FDR	203036.00	382897.50	Workshop Expenses	107538.00	194322.00
Patient receipts	2177300.00	1736250.00	Training of professionals	315031.00	300400.00
Fellowship fees	92500.00	-	Event & Fund Raising Expenses	21234.00	-
Rent deposit refund	87480.00	81000.00	CF Grant Expenses	161831.00	227482.00
TDS refund	-	6069.00	Printing & stationery	28356.00	55671.00
Receipts from Rotary Club	12500.00	-	Professional fees	2176160.00	2407015.00
FCRA Account:-			Renewal of Practo	14146.00	11489.00
Building Fund	5217076.56	2698425.40	Sponsorship	155550.00	117700.00
Donation Received	2116130.88	364250.00	Consultancy paid	10924.00	-
Cheer for children	-	81218.90	Programme Expenses (FC):-	1402489.80	210880.00
Workshop receipts	12470.06	979479.00	(As per Schedule)		
Bank Interest	-	6108.32	Purchase of Fixed Assets	105821.00	36881.00
TDS	-	3300.00	(As per Schedule)		
			Investment in Mutual Fund	5346000.00	
			Closing Balances : -		
			F/D HDFC Bank	13961000.00	5661000.00
			F/D State Bank of India (FCRA)	5739000.00	-
			HDFC Bank A/C No. 00219	3984092.18	3528167.17
			HDFC Bank A/C No. 04582	10053.00	-
			C/A State Bank of India (FCRA)	4188058.55	4165864.57
			Other Deposit	1800.00	1800.00
			Cash in hand	47781.00	37743.00
			Cash in hand (FCRA)	9276.00	101.00
<b>Total Rs.</b>	<b>39201568.66</b>	<b>17969203.62</b>	<b>Total Rs.</b>	<b>39201568.66</b>	<b>17969203.62</b>

*Peter Pinto*

Peter Pinto  
(Managing Trustee)

*Olga Maladen*

(Olga Maladen)  
Trustee



As per my report of even date attached

Place :- Panaji - Goa

Date :- 27.06.2018

For Prashant Jain & Co.  
Chartered Accountants (FRN140829W)

Prashant Jain & Co.  
Chartered Accountants  
FRN 140829W  
M. No. 133883  
CA Prashanth Kumar Jain  
M.N. 133883



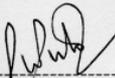
## Balance Sheet

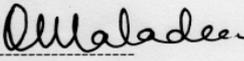


SETHU, 35 DEFENCE COLONY, ALTO PORVORIM BARDEZ - GOA

BALANCE SHEET AS ON 31ST MARCH 2018

FUNDS & LIABILITIES	AMOUNT		ASSETS	AMOUNT	
	31/03/2018	31/03/2017		31/03/2018	31/03/2017
Capital Account			Fixed Assets :-	639854.00	558067.00
Corpus Donations	7408881.00	7293881.00	(As per statement)		
Fund Account (FCRA)	136534.00	136534.00	Land Survey cost	10920.00	-
Building Donations:-	7491752.00	3886492.00	Investments:-	21964326.88	12718326.83
Building Donations (FCRA):	7920501.96	2703425.40	Investments (FCRA ):-	5739000.00	-
Interest free loan from			Current Assets Loans & Advances:-		
Almitra Patel :-	4000000.00	-	Rent Deposit	94478.00	87480.00
Income and Expenditure			Nirmaya	1800.00	1800.00
Account :-			Tax Deducted at Source :-	96865.30	36246.30
As on 01-04-2017	7154743.27		FD Interest accrued :-	429566.20	69337.80
Add:- Excess of Income			FD Interest accrued (FCRA)	302729.00	-
Over Expenditure	3406387.83		Cash and Bank Balance :-		
	10561131.10	7154743.27	HDFC Bank A/C No. 00219	3984092.18	3528167.17
TDS payable	-	24758.00	HDFC Bank A/C No. 04582	10053.00	-
TDS payable(FCRA)	-	3300.00	State Bank of India (FCRA)	4188058.55	4165864.57
			Cash in hand	47781.00	37743.00
			Cash in hand (FCRA)	9276.00	101.00
Total Rs.	37518800.06	21203133.67	Total Rs.	37518800.06	21203133.67

  
Peter Pinto  
(Managing Trustee)

  
(Olga Maladen)  
Trustee



As per my report of even date attached

Place :- Panaji - Goa

Date :- 27.06.2018

For Prashant Jain & Co.  
Chartered Accountants (FRN140829W)

  
CA Prashant Kumar Jain  
M.N. 133883



## Thanks

Gratitude flows in waves at Sethu as the love and generosity of our human pillars swell in an ever-expanding ocean. During this year we had people in hundreds extend their support for the **Build Our Bridge campaign**. Others supported our ongoing programmes and went out of their way to respond to Sethu's needs in money and kind. Some of them are named here while many choose to remain anonymous.

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**Volunteers:** Danika Fernandes, Gouri Vinchurkar, Kshitij Gupta, Nathan Fernandez, Purva Kamat, Srijit Kumar, Sunaina Rodrigues, Trisha Lewis

**Our stalwarts of support:** Ram Sundaram (IT), Prashanth Jain (Chartered Accountant and Financial Advisor), Teresa Colaco and Filipe Cordeiro (Legal Guidance), Creometric (Social Media), Indrajit Chowdhury and Powerstores (Website), Hypercube Technologies, Dean D'Cruz, (Architectural Design) Dr Joseph Britto (Strategic Fundraising)



# Growing Sethu

Sethu's strategic plan sets down the road-map for 2017-19. We have been able to meet all our goals! We appeal for donations, volunteers and contributions to our wishlist.

## Our Wishlist

Funds to build Sethu's permanent centre



Financial support for our projects (details given below)

Stationery:  
Paper, lamination sheets, ring binders



Water filter

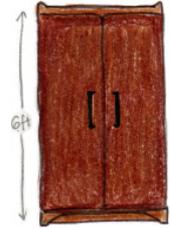
Sponsors to print Sethu T-shirts (proceeds towards child sponsorship)



Sponsorship of workshops and training programmes

Books and teaching aids (list provided on request)

Inventor batteries



6ft lockable steel cupboard

Child-sized table and chairs



# PROJECTS

### Build Our Bridge Campaign

To build a permanent home for Sethu's services including assessment, therapy, research, training and advocacy

Budget: Rs. 5 crores  
(40% raised)

### Tarang Transforming Schools Project

To promote inclusion in preschools by creating schools that are welcoming spaces for diverse learners

Budget: Rs. 17 lakhs  
for one year

### AATISH - Autism Awareness, Training, Intervention, Support and Help

To create an intervention and resource center for children with autism and their families with a focus on early multi-disciplinary intervention for the best outcomes, advocacy and capacity building

Budget: Rs. 39 lakhs  
for the first year

### Sethu Centre for Child Development & Family Guidance

To provide a multi-disciplinary service for the assessment and treatment of developmental and behavioural challenges in children and families

Budget: Rs. 50 lakhs  
per year (20% raised)

## Our Team

**Trustees:** Peter Pinto (Managing Trustee), Ameeta Mascarenhas, Michael Mendonsa, Olga Maladen, Neena Jacob.

**Staff:** Nandita de Souza (Director and Developmental Pediatrician), Helene Menezes (Head, Development and Fundraising), George Ninan (Human Resources and Management Advisor), Laxmi Pillai (Administrator), Pricilla D'Souza (Jr. Administrator), Laxmi Magdum (Office Assistant), Ulka Lotlikar (Accountant), Anjali Barretto (Speech and Language Therapist), Andre Velho (Head, Autism Programme), Giselle Lobo (Head, Inclusive Education), Silvia Mascarenhas (Psychologist and Child Protection Officer), Shenessa Barretto (Clinical Psychologist), Mahera Kantawalla (Occupational Therapist), Aileen D'Souza (Psychologist), Kimberly Dias (Psychologist and Counsellor), Gouri Salvi (Psychotherapist), Madhura Manerikar (Jr. Special Educator), Rani Venatt (Special Educator), Ira Pereira (Social worker), Elyska D'Sa (pediatrician), Aparna Wadkar (Fellow in Developmental Pediatrics), Mallika Lewis (Fellow in Speech and Language), Radha Redkar (Housekeeping).



## Contact

**Sethu Centre for Child Development  
and Family Guidance, Bhutkivaddo,  
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**Open Tuesday to Saturday, 9 am to 5 pm**

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